

## CLAIMS

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1. A pharmaceutical composition comprising Epinastine or a pharmaceutically acceptable salt thereof as a pharmacologically active compound and at least one compound selected from the group consisting of a) one or more sulfur containing amino acids or peptides, b) one or more vitamins of the vitamin B group, c) one or  
10 more vitamins having antioxidant properties and d) one or more antiphlogistic compounds or pharmaceutically acceptable salts, derivatives or mixtures thereof.
2. The pharmaceutical composition according to claim 1, wherein the Epinastine salt is selected from the group consisting of hydrochloride, hydrobromide, oxalate, nitrate,  
15 sulfonate, fumarate, maleate, sulfate and phosphate.
3. The pharmaceutical composition according to claim 2, wherein the Epinastine salt is hydrochloride.
- 20 4. The pharmaceutical composition according to claim 1, wherein one or more sulfur containing amino acids or peptides is selected from the group consisting of cystine, methionine, aminoethylsulfonic acid, glutathione, cystine, homocysteine, homocystine, cysteine sulfinic acid, and lanthionine or pharmaceutically acceptable salts, derivatives or mixtures thereof.
- 25 5. The pharmaceutical composition according to claim 4, wherein one or more sulfur containing amino acids or peptides is selected from the group consisting of cystine, methionine, taurine and glutathione or pharmaceutically acceptable salts, derivatives or mixtures thereof.
- 30 6. The pharmaceutical composition according to claim 1, wherein one or more vitamins

of the vitamin B group is selected from the group consisting of vitamin B<sub>1</sub>, vitamin B<sub>2</sub>, vitamin B<sub>6</sub>, vitamin B<sub>12</sub>, niacin, pantothenic acid, biotin, folic acid, orotic acid, thioctic acid, p-aminobenzoic acid, inositol, carnitine and choline or pharmaceutically acceptable salts, derivatives or mixtures thereof.

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7. The pharmaceutical composition according to claim 1, wherein one or more vitamins having antioxidant properties is selected from the group consisting of vitamin C, vitamin E, vitamin A, and antioxidant vitamin-like substances or pharmaceutically acceptable salts, derivatives or mixtures thereof.

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8. The pharmaceutical composition according to claim 7, wherein one or more vitamins having antioxidant properties is selected from the group consisting of vitamin C, vitamin E and vitamin A or pharmaceutically acceptable salts, derivatives or mixtures thereof.

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9. The pharmaceutical composition according to claim 1, wherein one or more antiphogilistic compounds is selected from the group consisting of glycyrrhizinic acid, glycyrrhetinic acid and tranexamic acid and pharmaceutically acceptable salts, derivatives or mixtures thereof.

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10. A method of treating skin disease associated with allergic reactions comprising administering to a patient in need thereof an effective amount of the composition according to claim 1.

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11. The method according to claim 10, wherein the composition is administered orally.

12. The method according to claim 10, wherein the composition is administered topically.

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13. The pharmaceutical composition according to claim 1, further comprising additives

14. A pharmaceutical composition comprising Epinastine or a pharmaceutically acceptable salt thereof as a pharmacologically active compound and one or more sulfur containing amino acids or peptides or pharmaceutically acceptable salts, derivatives or mixtures thereof.
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15. The pharmaceutical composition according to claim 14, wherein one or more sulfur containing amino acids or peptides is selected from the group consisting of cystine, methionine, aminoethylsulfonic acid, glutathione, cystine, homocysteine, homocystine, cysteine sulfinic acid, and lanthionine or pharmaceutically acceptable salts, derivatives or mixtures thereof.
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16. The pharmaceutical composition according to claim 14, wherein one or more sulfur containing amino acids or peptides is selected from the group consisting of cystine, methionine, taurine and glutathione or pharmaceutically acceptable salts, derivatives or mixtures thereof.
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17. A method of treating skin disease associated with allergic reactions comprising administering to a patient in need thereof an effective amount of the composition according to claim 14.
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18. The method according to claim 17, wherein the composition is administered orally.
19. The method according to claim 18, wherein the amount of Epinastine is between 2 and 20 mg.
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20. The method according to claim 18, wherein the amount of one or more sulfur containing amino acids or peptides is between 5 and 10000 mg.
21. The method according to claim 17, wherein the composition is administered topically.
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22. The method according to claim 21, wherein the amount of Epinastine is between 1 and 50 mg.
23. The method according to claim 21, wherein the amount of one or more sulfur  
5 containing amino acids or peptides is between 0.01 and 200 mg.
24. The pharmaceutical composition according to 14, further comprising additives.
25. A pharmaceutical composition comprising Epinastine or a pharmaceutically  
10 acceptable salt thereof as a pharmacologically active compound and one or more vitamins of the vitamin B group or pharmaceutically acceptable salts, derivatives or mixtures thereof.
26. The pharmaceutical composition according to claim 25, wherein one or more  
15 vitamins of the vitamin B group is selected from the group consisting of vitamin B<sub>1</sub>, vitamin B<sub>2</sub>, vitamin B<sub>6</sub>, vitamin B<sub>12</sub>, niacin, pantothenic acid, biotin, folic acid, orotic acid, thioctic acid, p-aminobenzoic acid, inositol, carnitine and choline or pharmaceutically acceptable salts, derivatives or mixtures thereof.
- 20 27. A method of treating skin disease associated with allergic reactions comprising administering to a patient in need thereof an effective amount of the composition according to claim 25.
28. The method according to claim 27, wherein the composition is administered orally.  
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29. The method according to claim 28, wherein the amount of Epinastine is between 2 and 20 mg.
30. The method according to claim 28, wherein the amount of the one or more vitamins  
30 from the vitamin B group is between 0.0001 and 1500 mg.

31. The method according to claim 27, wherein the composition is administered topically.
32. The method according to claim 31, wherein the amount of Epinastine is between 1  
5 and 50 mg.
33. The method according to claim 31, wherein the amount of one or more vitamins from the vitamin B group is between 0.01 and 200 mg.
- 10 34. The pharmaceutical composition according to claim 25, further comprising additives.
35. A pharmaceutical composition comprising Epinastine or a pharmaceutically acceptable salt thereof as a pharmacologically active compound and one or more vitamins having antioxidant properties or pharmaceutically acceptable salts,  
15 derivatives or mixtures thereof.
36. The pharmaceutical composition according to claim 35, wherein one or more vitamins having antioxidant properties is selected from the group consisting of vitamin C, vitamin E, vitamin A, and antioxidant vitamin-like substances or  
20 pharmaceutically acceptable salts, derivatives or mixtures thereof.
37. The pharmaceutical composition according to claim 36, wherein one or more vitamins having antioxidant properties is selected from the group consisting of vitamin C, vitamin E and vitamin A or pharmaceutically acceptable salts, derivatives  
25 or mixtures thereof.
38. A method of treating skin disease associated with allergic reactions comprising administering to a patient in need thereof an effective amount of the composition according to claim 35.  
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39. The method according to claim 38, wherein the composition is administered orally.

40. The method according to claim 39, wherein the amount of Epinastine is between 2 and 20 mg.
- 5 41. The method according to claim 39, wherein the amount of one or more vitamins having antioxidant properties is between 0.01 and 3000 mg.
42. The method according to claim 38, wherein the composition is administered topically.
- 10 43. The method according to claim 42, wherein the amount of Epinastine is between 1 and 50 mg.
44. The method according to claim 42, wherein the amount of one or more vitamins  
15 having antioxidant properties is between 0.1 and 200 mg.
45. The pharmaceutical composition according to claim 35, further comprising additives.
46. A pharmaceutical composition comprising Epinastine or a pharmaceutically  
20 acceptable salt thereof as a pharmacologically active compound and one or more antiphlogistic compounds or pharmaceutically acceptable salts, derivatives or mixtures thereof.
47. The pharmaceutical composition according to claim 46, wherein one or more  
25 antiphlogistic compounds is selected from the group consisting of glycyrrhizinic acid, glycyrrhetinic acid and tranexamic acid or pharmaceutically acceptable salts, derivatives or mixtures thereof.
48. A method of treating skin disease associated with allergic reactions comprising  
30 administering to a patient in need thereof an effective amount of the composition according to claim 46.

49. The method according to claim 48, wherein the composition is administered orally.
50. The method according to claim 49, wherein the amount of Epinastine is between 2  
5 and 20 mg.
51. The method according to claim 49, wherein the amount of one or more antiphlogistic compounds is between 1 and 2000 mg.
- 10 52. The method according to claim 48, wherein the composition is administered topically.
53. The method according to claim 52, wherein the amount of Epinastine is between 1  
and 50 mg.
- 15 54. The method according to claim 52, characterized in that the amount of one or more antiphlogistic compounds is between 0.1 and 200 mg.
55. The pharmaceutical composition according to claim 46, further comprising additives.